

The Alt Labor Data Story

What the latest alternative labor market data is telling us about the economy

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Overview and Key Takeaways

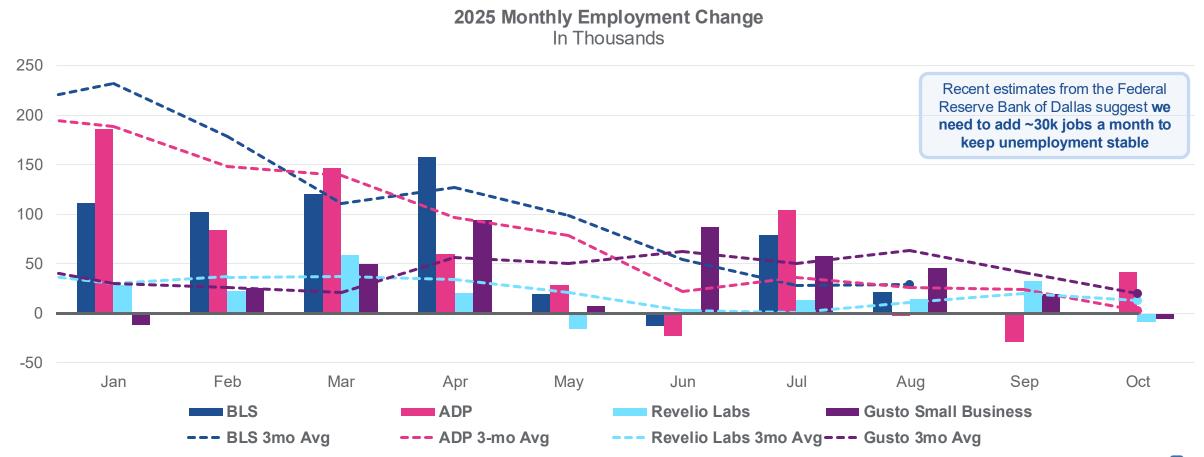
The longest government shutdown on record closed our best window into the health of the U.S. labor market at a critical time for the economy and for policymakers at the Fed. However, in the absence of official data, there remain a number of alternative private-sector sources that can shed light on the current state of affairs and help us triangulate where we might be headed. Overall, the data suggests the labor market has softened further, with tepid job creation and slightly higher unemployment. However, the magnitude of weakness seen so far has not been unexpected and remains in line with the Fed's projections released in September.

- Job creation has slowed throughout 2025 across multiple indicators, including the official BLS data. Since the government shutdown, alternative indicators of job creation from ADP, Revelio Labs, and Gusto all point to the same trend – weak employment growth in September and October.
 - However, it should be noted that many estimates, including from Federal Reserve Bank of Dallas, suggest the breakeven level of job creation - or the level needed to keep unemployment stable has declined dramatically over the last year due to the slowdown in immigration. So, weaker job creation does not necessarily indicate increased stress.
- Layoff announcements spiked in October according to Challenger, Gray & Christmas, and Revelio Labs' tracker of WARN (mass-layoff) notices. However, state-level, initial unemployment claims – a proxy for layoffs and registered when someone first loses their job and files benefits – remain low and in-line with year ago levels. Additionally, a new measure of labor market health from the Federal Reserve Bank of San Francisco still signals relatively low levels of stress.
- Morning Consult's unemployment index and the Federal Reserve Bank of Chicago's Real-Time Unemployment Forecast both suggest the unemployment rate has ticked modestly higher since **August**. The increase appears in line with the Fed's latest view that unemployment would average 4.5% in Q4 2025.



Alternative indicators show job growth continues to soften

— Private-sector indicators have helped to fill the data gap during the government shutdown





Despite increased reports of layoffs, initial unemployment claims are low

— According to a new indicator from the San Francisco Fed, labor market stress is low

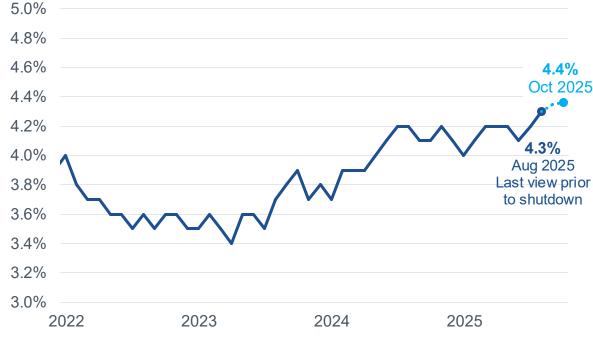


Nowcast measures of unemployment showing slight increase

— Both Morning Consult and Chicago Fed show likely increase in unemployment since the last official employment report



Chicago Fed Real-Time Unemployment Forecast Monthly

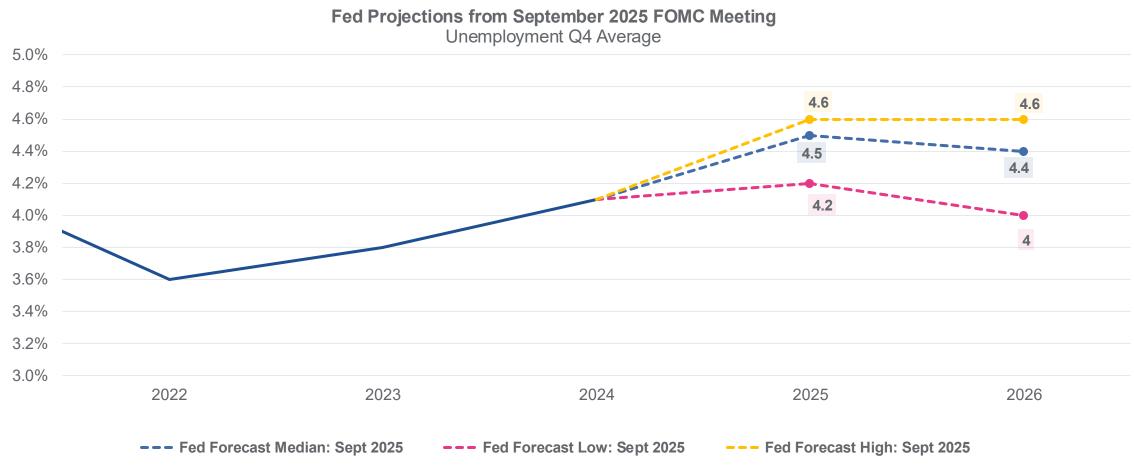


Unemployment (Official) ······ Chicago Fed Real-Time Forecast



Recent weakness appears to be in line with Fed's Sept projection

— Fed officials saw unemployment climbing to 4.5% by Q4





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